



Discover your Raleigh Parks and Recreation Department

Saturday Sewing: For Beginners

Sewing lessons for beginners that want to learn how to read a pattern, select fabric and knowledge of sewing machines. The class project will be a tote bag. Class cost does not include material. \$20.

114122

Sep 17-Oct 8

Sa 12:00 pm - 1:00 pm

Sewing: 101

In this class you will complete an item of your choice. You will select a pattern, fabric and notions. Some knowledge of sewing required. Class cost does not include materials. \$30

114126

Oct 22-Nov 12

Sa 11:00 am - 1:00 pm

Mini Stitchers

Ages 10 and up. Sewing lessons for young people that want to learn how to read a pattern, select fabric and knowledge of sewing machines. The class project will be a tote bag. Class cost does not include material. \$20

114119

Sep 17-Oct 8

Sa 11:00 am -12:00 pm

Biltmore Hills Holiday Basketball Tournaments

11 & Under Boys and Girls, 13 & Under Boys and Girls and 15 & Under Boys and Girls and Adults (Men and Women) This competitive tournament is to keep your team in shape and basketball ready over the holiday break. Games will take place all day between 11:00am and 9:00pm. Registration is December 1st-16th. \$150

District D Youth Basketball

Youth basketball league for ages 5 - 18 offered in conjunction with the City of Raleigh Athletic Department. District D consists of Biltmore Hills, Barwell Road, Carolina Pines, Chavis, Halifax, Ralph Campbell, Peach Road, Roberts, Sgt Courtney T Johnson, Tarboro Road, Walnut Terrace and Worthdale. Contact local community centers or check RECLINK for age cut off dates. Proof of insurance and a copy of birth certificate must accompany registration. Registration dates: October 3rd - October 14th Start dates are subject to change. \$30

Oak City Classic Youth Step Show

Age 6 yrs.

The Oak City Classic Step Show Competition that brings students from different schools and communities together for a day of FUN where teams have the opportunity to be crown Oak City Classic Step Master. The fee is for the entire team. The captains will register the entire team. This is one of series of events that will lead to the college football game between St. Augustine's College and Shaw University on November 5th. For more information please call 919-831-6527. \$0

115396

Nov 4

F 5:00 pm - 8:00 pm

Community Afterschool Programs

Age 5 yrs.

The Community Afterschool Program is being offered at several local Community Centers for children K-6th grade following the Wake County Traditional school calendar. This program is designed to offer recreation activities, homework assistance, and arts & crafts. For registration information contact your local community center. \$0

115555

Aug 25-Dec 21

Monday-Friday 3:30 pm - 6:30 pm

Exercise - Weight Room/Fitness Centers

Age 18

Check out the fitness rooms around the city! Take advantage of the variety of cardiovascular and strength training equipment available around the city and get into shape. The fitness rooms will be open during normal center operating hours. Participants must be 18 years of age or older. Please see staff for additional information. \$10

113875

Oct 1-31

Daily 10:00 am - 9:00 pm

113876

Nov 1-30

Daily 10:00 am - 9:00 pm

113877

Dec 1-31

Daily 10:00 am - 9:00 pm

Zumba at Biltmore Hills

The Zumba® program fuses hypnotic Latin rhythms and easy-to-follow moves to create a one-of-a-kind fitness program that will blow you away. At Biltmore Hills we offer class on Tuesdays and Thursdays.

There are also payment options for your convenience, \$5 per session or \$40 per month

114178

Sep 1-29

Th, Tu 6:00 pm - 7:00 pm

114179

Oct 4-27

Tu, Th 6:00 pm - 7:00 pm

114180

Nov 1-24

Tu, Th 6:00 pm - 7:00 pm

114181

Dec 1-27

Th, Tu 6:00 pm - 7:00 pm

Tae Kwon Do - Beginners

Age 5 yrs.

Marital arts course where the art of self defense, confidence, self esteem, discipline, respect and self control taught through practice drills, class room instruction and tournaments. This is an ongoing class that promotes belt promotions. Wear Comfortable Clothes. Classes by Sensi Thomas Jarrett. \$35

114138

Oct 5-31

W, M 6:00 pm - 7:30 pm

114139

Nov 2-Dec 5

W, M 6:00 pm - 7:30 pm

114140

Dec 5-28

M, W 6:00 pm - 7:30 pm

WadoRyuKarate

Age 16

Learn the basics of Wado Ryu karate, a traditional ope-hand Okinawan style emphasizing evasive movement and balance. Blocks, punches, and kicks. Have fun and learn while you improve your cardiovascular health. \$40

118017

Oct 4-27

Tu, Th 6:30 pm - 8:30 pm

118018

Nov 1-29

Tu, Th 6:30 pm - 8:30 pm

118019

Dec 1-27

Th, Tu 6:30 pm - 8:30 pm

Halloween Movie Night

Age 1 yrs.

Come on out for a Movie Party. Wear your costumes and be ready for candy, popcorn, a movie and FUN! \$0

114115

Oct 28

F 6:00 pm - 8:30 pm

Toddler Open Gym

Age 2 yrs.

Come out and use our Gym! Time designated is especially reserved for children ages 2-5. \$0

114142 Sep 7-Dec 21 W 10:00 am -12:00 pm

Golden Years Clubs

Age 55

The Golden Years Clubs are composed of persons 55 and better, anyone meeting the age requirements may join. Interested persons are invited to join as many of the clubs located throughout Raleigh. Activities vary from club to club and may include: day trips, cards and games, luncheons, speakers, special events and crafts. For information on a specific club, contact the Club Leader indicated for each group. \$0

115640 Sep 6-Dec 27 Tu 10:00 am -12:00 pm

Pokeno

All Ages

Come out and play the Pokeno card game with seasoned veterans. For more information call Biltmore Hills at (919)831-6895 \$0

114121 Sep 8-Dec 22 Th 12:00 pm - 3:00 pm

Tennis - Free play for adults

Age 18

Free play for adults are held at Biltmore Hills Tennis Courts on Tuesday and Thursday evenings throughout the year at 6:30pm. This is a drop-in program which is organized by the Ebony Racquet Club, for all levels of play, simply show up and play.\$0

118679 Sep 1-Dec 29 Th, Tu 6:30 pm - 9:00 pm

Tennis Adult Level 1

Age 18

No experience needed for this class. You will work on full swing forehand and backhand, volleys, overhead, serve, scorekeeping and the rules of tennis. To graduate to level 2, players must be able to serve 6 out of 10 in from the baseline, keep score and play a full court set. Please bring light loose fitting clothes, non marking sneakers and your racquet. Racquets are available to borrow. Rain outs will be made up at the end. \$96

114855 Oct 25-Dec 1 Tu, Th 5:30 pm - 6:30 pm

Tennis Jr Level 1

Age 6 yrs.

No experience needed for this class. They will work on full swing forehand and backhand, volleys, overhead, serve, scorekeeping and the rules of tennis. To graduate to level 2, players must be able to serve 6 out of 10 in from the baseline, keep score and play a full court set.

\$96

114660 Oct 25-Dec 1 Tu, Th 4:30 pm - 5:30 pm